



## **SHEDDON PHYSIOTHERAPY & SPORTS CLINIC**

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[www.sheddonphysio.com](http://www.sheddonphysio.com)

### **Online ImPACT Concussion Testing Instructions**

To access the online baseline testing please follow the instructions below:

You will need:

- A computer with a mouse
- A quiet room free of any distractions (**Very Important!**)
- The access codes (see below)

The online test requires your **full attention** for approximately 30 minutes. Please ensure that you will not be distracted or interrupted during the testing. Avoid taking the test if you are tired or stressed. If you are having problems accessing the test, please make sure your pop up blocker is turned off.

REMEMBER: This test is for **speed AND accuracy**

Once you are settled in a quiet room:

Go to: [www.impacttestonline.ca/testing](http://www.impacttestonline.ca/testing)

Customer ID code: This was provided by the clinic and emailed after your baseline test

Follow the online instructions until the test is over. Please perform to the best of your abilities and focus hard!

The clinic will receive the test results, and if there is any re-testing required, we will let you know.

If you have difficulties, please contact your Sheddon Physiotherapy provider ASAP at 905-849-4576 or [admin@sheddonphysio.com](mailto:admin@sheddonphysio.com)

Thank you,

Sheddon Physiotherapy and Sports Clinic